

Patrick Akrivos, MA,

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G/D: 10/12/1977
N: Österreich / Griechisch

Ausbildung

- 2018: **Zertifizierter Emotionsfokussierter Paarthérapeut (EFT)**, *International Centre for Excellence in EFT (im Prozess)*
- 2017: **Zertifizierter SAFE®-Mentor**, *Ludwig Maximilians Universität München*
- 2014: **Zertifizierter Leader Effectiveness Trainer**, *Gordon Training International*
- 2013: **Zertifizierter Youth Effectiveness Trainer**, *Gordon Hellas*
- 2013: **Diplom in Personenzentrierter Beratung**, *Institute of Counseling and Psychotherapy Studies in association with the University of Strathclyde,*
- 2011: **Zertifizierter Teacher Effectiveness Trainer**, *Gordon Hellas*
- 2009: **Zertifizierter Parental Effectiveness Trainer**, *Gordon Hellas*
- 2008: **M.A. Counseling Psychology**, *University of Middlesex, England*
- 2007: **Zertifiziert in Focusing**, *Hellenic Centre for Focusing*
- 2004: **Diplom in Addictions Counseling**, *Clouds House, England (verified by CPCAB)*
- 2002: **Zertifiziert in Gestalt**, *Institute of Gestalt Therapy, Athens*
- 2001: **Zertifiziert in Family Systems**, *Therapeutic Institute for Family Relations, Athens*
- 2001: **B.Sc. in Psychology**, *University of La Verne California, Athens*

Professionelle Mitgliedschaft

- 2015: **Hellenic Person Centered and Experiential Society**, *General Member*
- 2013: **British Psychological Society**, *Graduate Member (MBPSSS), Division of Counseling Psychology*
- 2001: **European Association for Counseling**, *General Member*

Berufserfahrung

2005 – heute: Gründer / Inhaber

*LifePaths: Counseling and Psychotherapy Services, Athens, Greece
(private Praxis)*

- **Beratung / Psychotherapie**
 - Individuelle Beratung und Psychotherapie mit Jugendlichen und Erwachsenen
 - Paar- und Familienberatung
 - Intervention in Familien mit Suchtkranken
 - Emotionale Unterstützung Familien Suchtkranker
 - Beratung und Psychotherapie mit erwachsenen Kindern dysfunktionaler Familien
 - Trauma-Arbeit mit Erwachsenen
- **Citizen Ulysses Project**
 - Interkulturelle Beratung
 - T.C.K. Beratung
 - Transition/Relocation Beratung
 - Interkulturelle Kindererziehung
 - Öffentliche Vorlesungen über bikulturelle und multikulturelle Themen
- **Parent and Teacher Effectiveness Training**
 - 2009 - heute: Parent Effectiveness Kurse in ganz Griechenland
 - 2011 - heute: Teacher Effectiveness Kurse in ganz Griechenland

2013 – heute: Trainer

*Gordon Training International
<http://www.gordontraining.com/>*

- On-site Trainer (Leader Effectiveness Training) Workshops für Gordon Training International

2013 – heute: Supervisor / Berater

*MetaDrasi, Athens, Greece
<http://www.metadrasi.org/>*

- Supervision und Unterstützung für Dolmetscher
- Individuelle Beratung für Dolmetscher

2009 – heute: Adjunct Faculty

*New York College, Athens, Greece
<http://www.nyc.gr/>*

- Adjunct Faculty im M.A. Programm in Klinischer Beratungs- Psychologie , University of LaSalle, U.S.A.

- Adjunct Faculty im B.A. Programm, SUNY Empire State College

2006 - 2013: Visiting Instructor/Trainer

Greek Society of Adlerian Psychology & Romanian Adlerian Psychology

Association

<http://adlerian.gr/>

- Workshop mit Themen Trauma, dysfunktionale Familien, effektive Kommunikation und Problem-Lösungsstrategien

2012 – 2013: Middle School Counselor

American Community Schools, Athens, Greece

<http://www.acs.gr/>

- Planung:
 - Individuelle Lehrplanung für Schüler
 - Veranstaltungen zur allgemeinen Gesundheit der Schüler
- Koordination:
 - M.A.P. Tests
 - Unterstützung in S.A.T. Examen für begabte Schüler
- Beratung:
 - Unterstützung und Beratung von Lehrern
 - Beratung von Lehrern im Umgang mit Schülern
 - Beratung und Psychotherapie mit Gymnasialschülern und einigen Oberstufenschülern
 - Krisen-Intervention
 - Familienberatung
 - Interkulturelle Beratung
 - Transitions-Beratung für mobile Familien (Expats)
- Innovation:
 - Einführung von Youth Effectiveness Training, die erste Schule in Griechenland mit diesem Kommunikations-Programm für Jugendliche

2004 - 2011: Instructor/Consultant

N.G.O Νηφάλιοι (Sober), Athens, Greece

<http://nifalioi.com/>

- Vorstandsmitglied:
 - Information Kampagnen
 - Lobbying für Dienstleistungen für Alkoholabhängige und deren Familien
 - Evidenzbasierte Information für öffentliche Aufklärung
- Training:
 - Ausbildung von Freiwilligen der 24 Stunden telefonischen Hilfslinie
- Vorlesungen:
 - Vorlesungen innerhalb des Rahmens der Informations-Kampagnen, in Schulen, diversen Betrieben, inklusiv Radio und Fernsehen

- Errungenschaften:
 - Νηφάλιοι wurden in 2007 vom Griechischem Gesundheitsministerium für ihre Leistungen ausgezeichnet

2008 -2009: Coordinator of Student Affairs

Hellenic American University, Athens, Greece

<http://haec.gr/en/>

- Koordination:
 - Das Büro koordiniert Orientation, Beratung Studenten-Klubs und Unterstützung derer Tätigkeiten
 - Koordination des Umweltschutz-Programms
 - Funktion als Liaison zwischen Fakultät, Studenten und Administration
- Forschung:
 - Forschungs-Projekte in der Psychologie und in diversen Betrieben

2006 - 2009: Research Associate

Hellenic American University, Athens, Greece

<http://haec.gr/en/>

- Unterstützung der Forschung in "Health Literacy" finanziert von der Marie Curie Re-Integration Grant (Stiftung). Zu den Aufgaben gehörte Datensammmlung, Literatur-Recherche, Artikel schreiben und statistische Analyse
- Verantwortlich für verschieden individuelle Forschungsprojekte über Migrationsfragen und Nachfolgeplanung in Familienbetrieben (Schwerpunkt)

2001 - 2005: Suchtberater

Centre for Research in Human Behavior (KEΑΣ), Athens Greece

<http://www.kentro.org/>

- Individual-, Familien- und Gruppen- Therapie
- Entwicklung psychologischer Behandlungspläne und Anfertigung von Fortschrittsberichten
- Krisenintervention, Workshops für Sozialisation und pädagogischen Fähigkeiten
- Organisation von Freizeitgestaltung
- Planung von psychologisch-pädagogischen Workshops

Veröffentlichungen & Präsentationen

Journal Veröffentlichungen

- Falagas ME, Akrivos PD, Alexiou VG, Saridakis V, Moutos T, Peppas G, Kondilis BK. *Patients' perception of quality of pre-operative informed consent in athens, Greece: a pilot study.* PLoS One. 2009 Nov 26;4(11)
- Vardavas CI, Kondilis BK, Patelarou E, Akrivos PD, Falagas ME. *Health literacy and sources of health education among adolescents in Greece.* Int J Adolesc Med Health. 2009 Apr-Jun;21(2):179-86.
- Halkias, D., Nwajiuba, C., Harkiolakis, N., Clayton, G., Akrivos, D. and Caracatsanis, S. (2009b). *“Characteristics and Business Profiles of Immigrant-Owned Small Firms: The Case of African Immigrant Entrepreneurs in Greece ”*, International Journal of Business Innovation and Research, Vol. 3, No. 5., May 2009
- Halkias, D., Harkiolakis, N., Thurman, P., Rishi, M., Ekonomou, L., Caracatsanis, S., Akrivos, P., *Economic and Social Characteristics of Albanian Immigrant Entrepreneurs in Greece*, Journal of Developmental Entrepreneurship, World Scientific, Vol 14, No 2., June 2009

Konferenz Präsentationen

- Akrivos, P. D. *“Adler, Rogers and Attachment Theory: A revolutionary Approach to Couples Therapy”* 50 Year Anniversary Conference of the Greek Society of Adlerian Psychology, 16-17 March, 2019, Aegean College, Athens Greece.
- Kousteni, I. & Akrivos, P.D. *“Multiple Identities and Multi-Culture”* 3rd Person-Centered & Experiential Approach Conference, 2-3 March, 2019, Moraitis School, Athens, Greece
- Akrivos, P.D. *“An adolescent search for self”*, International Symposium for the Vulnerable Child, 23-24 November, 2018, National Hellenic Research Foundation, Athens, Greece.
- Akrivos, P.D. & Ntalamanga, K. *“The Therapeutic Presence and Mindfulness Practice”* 1st Person-Centered & Experiential Approach Conference, 9-10 April, 2016, Moraitis School, Athens, Greece.
- Sax-Lane, A. Akrivos, P.D. *“The Construct of Personal Resilience: How can educators connect with and motivate at-risk youth in order to build resilience in classroom settings”* 10th ECIS Early Childhood Conference, 16-18 March, 2012, American Community School, Athens, Greece.
- Akrivos, P.D. *“Substance Dependence Prevention: the final frontier! Preventing more than just Trauma”* 25th International Congress of Individual Psychology in Vienna, 14-17 July 2011, University of Vienna, Austria.
- Akrivos, P.D. & Cimone X. *“The disease model alleviates stigma: A case study”* Alcoholism – historical and social issues, 28-29 August 2009, National Museum of Unification, Alba Iulia, Romania.

- Akrivos, P.D. *“Individual Psychology and Substance Dependence Prevention” Alcoholism – historical and social issues*, 28-29 August 2009, National Museum of Unification, Alba Iulia, Romania.
- Akrivos, P.D. *“Buddhism and the Person Centred Approach” International Conference of Person Centred Counselling and Psychotherapy*, 24-28 June, 2009, Conference Centre of the National Bank of Greece, Greece.
- Halkias, D., Harkiolakis, N., Ariffen, S., Caracatsanis, S. and Akrivos, D. *“Business and Social Profiles of Immigrant-Owned Small Firms: The Case of Pakistani Immigrant Entrepreneurs in Greece” Oxford Business and Economic Conference*, 24-26 June, 2009, at St. Hugh's College, University of Oxford, UK
- Akrivos, P.D. and Skordou, M. *“Επαγγελματική εξουθένωση σε ειδικούς σε θέματα ψυχικής υγείας, οι οποίοι δουλεύουν με άτομα που πάσχουν από διάχυτη αναπτυξιακή διαταραχή [Professional burn out in mental health care professionals working with autism and Asperger's Syndrome in Athens, Greece]. 3rd Panhellenic Convention of Scientists working with chronic patients*, November 18-20, 2008, Imperial Hotel, Larissa, Greece.
- Kondilis, B.K., Akrivos, P.D., Salloum, S. and Falagas, M.E. *“Health Literacy in Athens, Greece: Exploring Sources of Health Information in Adults”*. *EHMA Annual Conference*, June 25-27, 2008, Divani Caravel Hotel, Athens, Greece.
- Halkias, D., Nwajiuba, C., Harkiolakis, N., Clayton, G., Akrivos, P.D. and Caracatsanis, S. *“Characteristics and Business Profiles of Immigrant-Owned Small Firms: The Case of African Immigrant Entrepreneurs in Greece”*. *Proceedings of the Oxford Business & Economics Conference*, Oxford, England, June 2008.
- Akrivos, P.D. *“The Purpose of Research in Therapy with Substance Dependent Individuals” Proceedings of the International Conference of the Association of Psychology and Psychiatry for Adults and Children (A.P.P.A.C.)*, May 20-23, 2008, Hilton Hotel, Athens Greece.
- Halkias, D., Harkiolakis, N., Prinia, D., Caracatsanis, S. and Akrivos, D. *Implications of Minority-owned Family Enterprises on the Greek Economy*. *Proceedings of the Oxford Business & Economics Conference*, Oxford University, England, June 24-26, 2007
- Halkias, D., Abadir, S., Akrivos, D., Harkiolakis, N., Thurman, P. and Caracatsanis, S. *“Characteristics and Business Profiles of Immigrant-Owned Small Firms: The Case of Albanian Immigrant Entrepreneurs in Greece”*. *Proceedings of the Oxford Business & Economics Conference*, Oxford, England, February 2007.
- Halkias, D., Jalajas, D., Bommer, M., Akrivos, D., Ils, G., Harkiolakis, N., Kontogeorgi, M. *“The Effect of Downsizing on the Behaviours and Motivations of Survivors: A Cross-Cultural Comparison between Employee Experiences in Greece and the United States”*. *Proceedings of the 18th International Congress for Cross-Cultural Psychology*, Spetses, Greece, July 2006.
- Halkias, D., Stavrou-Coatea, E., Swiersz, P., Abadir, S. and Akrivos, D. *“Daughters' Intentions to Succeed Fathers in the Family Business: Securing the Future of the Family Enterprise in Greece”*. *Proceedings of the Congress of the International Council of Psychologists*, Kos, Greece, July 2006.
- Harkiolakis, N., Halkias, D., Stamoulis, D. and Akrivos, D. *“Barriers to the Introduction of Technology in Small Family Business Enterprises in Greece”*. *Proceedings of the International Congress of Applied Psychology*, Athens University, Athens, Greece, July 2006.
- Halkias, D., Fakinos, M., Hyman, I., Akrivos, D., Cohen, I., et al. *“Bullying and Victimization in the Schools: A Preliminary Analysis of a Cross National Study”*. *Proceedings of the 112th Convention of the American Psychological Association*, Honolulu, Hawaii, June 30, 2004.
- Halkias, D., Fakinos, M., Hyman, I., Akrivos, D., Cohen, I., Mahon, M., Snook, P. and DuCette, J. *“A Cross-National Study of the Typology and Symptoms of Students' Victimization”*. *Proceedings of*

The Annual Meeting of the Pennsylvania Psychological Association, Philadelphia, USA, June 12, 2003.

- Halkias, D., Fakinos, M., Hyman, I., Akrivos, D, Cohen, I. and Mahon, M. “*Victimization of Children in Greek Schools: Stress and Trauma Symptoms Related to School Bullying*”. Proceedings of the 9th Pan-Hellenic Conference on Psychological Research, Rhodes, Greece, May 21, 2003.
- Halkias, D., Fakinos, M., Hyman, I., Akrivos, D, Cohen, I., Mahon, M., Snook, P. and DuCette, J. “*Victimization of Children in Schools – Traumatic Symptoms and Stressors in Greek and American Students*”. Proceedings of the XVI Congress of the International Association for Cross-Cultural Psychology, Yogyakarta, Indonesia, July 15, 2002.

Buchkapitel

- Halkias, D., Entrepreneurship and Sustainability: Business Solutions in Poverty Alleviation from Around the World. Gower Publishers, London, 2012
- Halkias, D., Thurman, P., Smith, C., Nason, R., (Eds). Father-Daughter Succession in Family Business: A Cross-Cultural Perspective. Gower Publishers, London, 2011
- Halkias, D., Thurman, P., Harkiolakis, N., Caracatsanis, S., (Eds.). Female Immigrant Entrepreneurs: The Economic and Social Impact of a Global Phenomenon. Gower Publishers, London, 2010.

Poster Session Präsentationen

- Patil, K. and Akrivos, P.D. *A Preliminary Cross-Cultural Investigation in Forgiveness and Emotional Intelligence in Greek and Indian Students*. XXIX International Congress of Psychology, July, 2008: ICC Berlin, Germany.
- Falagas, M.E., Akrivos, P.D., Alexiou, V.G., Saridakis, V., Moutos, T., Peppas, G. and Kondilis, B.K. *Pre-operative informed consent in Greece: A prospective study*. EHMA Annual Conference, June, 2008, Athens, Greece.
- Kondilis, B, Akrivos, P.D. and Falagas, M.E. *Επίπεδο Ικανότητας Ανάγνωσης και Κατανόησης των Ενημερωτικών Φυλλαδίων Υγείας που Διαμένονται σε Νοσοκομεία & Κέντρα Υγείας των Αθηνών** [Readability Levels of Health Pamphlets Distributed in Athens Hospitals & Health Centers]. 3rd Panhellenic Conference on Health Management, Economics & Policies. December 12-15, 2007: Athens, Greece. * *Conference poster award recipients*
- Vardavas, C., Kondilis, B., Akrivos, P.D., Patelarou, E. and Falagas, M.E. *Θέματα και Πηγές Ενημέρωσης Ελλήνων Εφήβων Σε Θέματα Υγείας: Ο Ρόλος του Κρατικού Φορέα στην Ορθή Ενημέρωσή Τους** [Health Topics and Health Information Sources for Greek Teenagers: The Role of the Government in their Education]. 3rd Panhellenic Conference on Health Management, Economics & Policies. December 12-15, 2007: Athens, Greece. * *Conference poster award recipients*

Andere Publikationen

2013-2014: Autor der Kolumne in der englischsprachigen Zeitung **Athens Views** (www.athensviews.gr). Die Artikel behandeln Aspekte über Familie, Beziehung, Erziehung, und beantworten Leserfragen

2009- 2010: Kolumne: "An Expert View: All in the Family" publiziert in der englischsprachigen Zeitung **Athens News** (www.athensnews.gr). Die Artikel behandeln Aspekte über Familie, Beziehung, Erziehung, und beantworten Leserfragen

Vorsitz

- Chair, Panel on "*Entrepreneurship Among the Roma in Europe*", panel co-sponsored by the Embassy of Denmark in Athens and The Hellenic American Union, October 24, 2008, Athens, Greece
- Chair, Symposium on "*Addiction or Disease of Dependency? From Neurobiology to Therapy*". June 21-22, 2008, Greek Ministry of Health and Social Solidarity

Sprachen

- Englisch (Muttersprache)
- Griechisch (Muttersprache)
- Deutsch (Muttersprache)
- Kleines Latinum

Referenzen auf Anfrage verfügbar